

**Aquatics Center Schedule
December 1, 2011 – February 29, 2012**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-9am	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim		
9-11am	Fitness Swim/ Aquatic Programing	Fitness Swim/ Parent and Child Swim	Fitness Swim/ Aquatic Programing	Fitness Swim/ Parent and Child Swim	Fitness Swim/ Aquatic Programing	Fitness Swim <i>(Opens at 7am)</i>	
11am-1pm	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim	Member Swim	
1pm-4pm	Closed	Closed	Closed	Closed	Closed	Member Swim	Member Swim
4pm-5pm	Fitness Swim/ Parent and Child Swim	Fitness Swim	Fitness Swim/ Parent and Child Swim	Fitness Swim	Fitness Swim/ Parent and Child Swim <i>(Goes until 6pm)</i>		Member Swim
5pm-8pm	Fitness Swim/ Aquatic Programing	Fitness Swim/ Aquatic Programing	Member Swim	Fitness Swim/ Aquatic Programing	Member Swim <i>(Starts at 6pm)</i>		
8pm-9pm	Fitness Swim	Fitness Swim	Fitness Swim	Fitness Swim	Member Swim		

Definitions

Fitness Swim: Lap swimming, Water Walking, and Water Exercise for Adult Members.

Aquatic Programing: Aquatic Classes, Swim Team, Swim Lessons, etc.

Member Swim: Open swim time for Y members youth and adult. Play features will be in use. Slide will not be used on Wednesday.

Parent/Child Swim: Child must be accompanied by a parent or grandparent. It is the lifeguard's decision as to whether or not the guardian should be in the water within arm's reach.

*Youth Community Swim (1-3pm): Dec. 19-23, 26-30, Jan. 2, 3, 16, 17, Feb. 17, 20

**For a schedule of aquatic programming visit us online at www.ymcasemo.net